



Fort Tuthill Air Force Recreation Area

*HC 39 Box 5; Flagstaff, AZ 86001
(928) 774 8893 ~ www.forttuthill.com*



Dear Outdoor Adventure Participant,

On behalf of Fort Tuthill and our Outdoor Adventure Program Staff, we would like to take this opportunity to welcome your participation in our **Lower Grand Canyon Rafting Trip**. Your trip will be full of exciting terrain, breathtaking scenery, and amazing memories. We are excited to have you participate in such a memorable experience. Please take a few moments and look over the packet of documents you have just received.

In this packet you have received the following:

- **Itinerary -**
This itinerary is used to provide you with knowledge of how we conduct your specific trip with Fort Tuthill. Please view your itinerary as it will list important dates and times for completing payments and meeting at the beginning of the trip.
- **Packing List -**
It is important to make sure you have comparable items on this list to maximize your enjoyment and to be prepared for any potential changes in conditions during your trip.
- **Confirmation Report -**
Please review our official policies prior to your trip.
- **Agreement and Release of Liability Waiver and the Medical Information form -**
Please carefully fill out the two documents and return as soon as possible or at least three weeks prior to the trip to rafting@forttuthill.com. If you have any questions, special accommodations, or topics you would like to discuss, please do not hesitate to contact us.

After looking over each document and sending us your medical waiver and release of liability, you will be better prepared for success during your outdoor adventure. On most trips we recommend staying at Fort Tuthill the night before your trip and upon return from your trip if you so choose. Call our front desk at 928-774-8894 and at your earliest convenience.

Thank you very much for your participation in our Outdoor Adventure Program, your participation is crucial to the success of our program. We pride ourselves in executing safe, fun, and memorable outdoor experiences for people of all ages. We are here to answer any questions or address any concerns you might have.

Very Respectfully,

Fort Tuthill Staff



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Pre-Trip Planning

We highly recommend staying at Fort Tuthill the night **before** and **after** your Grand Canyon rafting trip. This is due to the early departure on Day 1 and the potential for a late return to Flagstaff on the final day.

To reserve accommodations, please contact Fort Tuthill at **928-774-8893**.

Lodging Office Hours:

Winter (Nov 1 – Mar 31)

- Sunday–Thursday & Federal Holidays: 6:00 AM – 7:00 PM
- Friday & Saturday: 6:00 AM – 10:00 PM

Summer (Apr 1 – Oct 31)

- Daily: 6:00 AM – 10:00 PM
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Dry Bag Pickup & Packing

Dry Bags will be available for pickup in the **conference room** the evening before your trip. Instructions on how to pack and properly seal your Dry Bag will be provided.

We kindly ask that you arrive at the **trip orientation on the morning of Day 1 with your bag already packed**.

If you are **not staying at Fort Tuthill** the night before your trip, please arrive by **5:45 AM** on Day 1 to pick up your Dry Bag and allow time for packing before departure.

Trip Itinerary

Please note that your itinerary is **tentative** and subject to change due to weather, safety concerns, or other unforeseen circumstances. Reviewing it in advance will help you prepare for what to expect on your adventure.

You'll find your **daily itinerary** on the following page.

Grand Canyon Rafting Trip 3-Day Itinerary

Day 1
<p>0600 – Meet in Lodge Lobby for Light Breakfast and Orientation 0700 – Depart Flagstaff for Diamond Creek 1000 – Arrive at Diamond Creek and attend safety meeting 1030 – Launch</p> <p>Lunch will be provided on the river. Most of the exciting rapids will be encountered during this day as well as amazing scenery and nature. We will have the opportunity to hike the side canyon of Travertine Grotto and stand under the warm spring water of Travertine Falls. We will camp on a sandy beach, have a great meal, and get a good night’s rest with many opportunities to play games, read, explore.</p>
Day 2
<p>0630 – Wake Up and Coffee Call</p> <p>This day will be mellower than the rest of the river, as the canyon begins to open up. We will attach the boats with a motor and cruise down the rest of the Grand Canyon as it flows into Lake Mead. Lunch will be done on the river or on the boats and we will have many more opportunities to hike the rivers canyons. Another camping night on a sandy beach along with another great meal leading to a good night’s rest under the stars.</p>
Day 3
<p>0630 – Wake Up and Coffee Call</p> <p>This is sadly our last day on the river and we will float through the end of the canyon and into Lake Mead and take out at Pearce Ferry. You will have the opportunity to change into your dry and comfortable clothing at the Take Out.</p> <p>0800 – Launch 0930 – Arrive at Pearce Ferry Take Out and De-Rig 1100 – Depart Pearce Ferry after De-Rig – Lunch in Kingman, AZ 1600 – 1800 – Arrival Back in Flagstaff (Always subject to change, please plan accordingly)</p>

Grand Canyon Rafting Trip 4-Day Itinerary

Day 1
<p>0600 – Meet in Lodge Lobby for Light Breakfast and Orientation 0700 – Depart Flagstaff for Diamond Creek 1000 – Arrive at Diamond Creek and attend safety meeting 1030 – Launch Lunch will be provided on the river. Many of the exciting rapids will be encountered during this day as well as amazing scenery and nature. We will have the opportunity to hike the side canyon of Travertine Grotto and stand under the warm spring water of Travertine Falls. We will camp on a sandy beach, have a great meal, and get a good night’s rest with many opportunities to play games, read, explore.</p>
Day 2
<p>0630 – Wake Up and Coffee Call 1030 – Launch We will wake up in the inner gorge of the Grand Canyon. Depending on the group’s desires and where we are camped, we may offer a morning hike before breakfast. This day holds several more rapids, as well as some beautiful side hikes. We will make our way downstream and enjoy the sights of the Canyon throughout the day.</p>
Day 3
<p>0630 – Wake Up and Coffee Call This day will be a little mellower than the rest of the river, as the canyon begins to open up. We will attach the boats with a motor and cruise down the rest of the Grand Canyon as it flows into Lake Mead. Lunch will be done on the river or on the boats and we will have many more opportunities to hike the rivers canyons. Another camping night on a sandy beach along with another great meal leading to a good night’s rest under the stars</p>
Day 4
<p>0630 – Wake Up and Coffee Call This is sadly our last day on the river and we will float through the end of the canyon and into Lake Mead and take out at Pearce Ferry. You will have the opportunity to change into your dry and comfortable clothing at the Take Out. 0800 – Launch 0930 – Arrive at Pearce Ferry Take Out and De-Rig 1100 – Depart Pearce Ferry after De-Rig – Lunch in Kingman, AZ 1600 – 1800 – Arrival Back in Flagstaff (Always subject to change, please plan accordingly)</p>

Grand Canyon Rafting Trip Packing List

Below you will find our recommended packing list for this trip. Please follow this list as closely as possible but also keep in mind that weather in the Southwest is unpredictable and ever changing. Before the trip, please make sure to look at the weather report for the local area, as you may need to adjust your packing accordingly.

Here is a link to the local weather where our trip will take place:

<http://forecast.weather.gov/MapClick.php?lon=-113.37126&lat=35.76743>

Your recommended packing list will be broken down into several sections: The equipment that we provide, what we recommend for on the water, and then your clothing for camp and transport.

Fort Tuthill will provide:

- **All rafting equipment**
- **All food, snacks, and cooking/serving/eating equipment**
- **Drinks:** We provide coffee, tea, and orange juice for drinks in the morning. We will have plenty of drinking water for everyone, but we do not provide any other drinks. **If you would like soft drinks, beer, wine, or alcohol, then please bring your own.** We encourage you to bring whatever you may enjoy drinking, so please show up with enough for the length of your trip. There is no need to bring personal coolers – we will store your beverages appropriately. Also – **NO GLASS!** Please bring drinks in cans or plastic bottles. You may bring wine in a bag, and if you are bringing liquor/alcohol, please transfer it into a plastic bottle before you arrive.
- **A personal dry bag:** This will be a river type dry bag which everyone will use to store their own clothes, sleeping bag, and personal items. These bags are large enough to accommodate everything for your trip as long as we do not pack excessively.
- **Sleeping Bags:** Sleeping bags will be synthetic bags rated to 20 degrees F.
- **Sleeping Pads:** We sleep on AIRE Landing Pads: <https://www.aire.com/product/landing-pads/>
- **Tents:** We provide 2 person backpacking style tents.

Please note that these 2 person tents are intended to be shared. On many trips, when the weather is warm, most people opt to not bring a tent, but rather use a tarp and sleep out under the stars. Our guides are well versed in this camping style and are happy to give instructions and accommodations.

Grand Canyon Rafting Trip Packing List

On water recommendations

Again, please take a close look at the weather leading up to this trip and adjust your packing list accordingly.

During the day, we will be rowing rafts downstream and also stopping to hike, take breaks, and eat. The following list is what we recommend for this portion of your trip.

- **Footwear:** It is important to wear something that is comfortable, can get wet, and can provide support while hiking and getting in and out of the boats. There are a variety of options out there. River type sandals such as Chaco or Teva brand sandals tend to be the most popular. While flip flops are OK while at camp, we do not recommend those for our daily activities. Another option is simply an old pair of tennis shoes that you do not mind getting wet.
- **Bathing suit/shorts or lightweight long pants**
- **Shirts:** Typically these trips are fairly warm to hot during the day, so we recommend long, light layers to protect from the sun. On the water, it can get cool and breezy at times, so an extra layer is recommended.
- **Sunglasses**
- **Sunscreen**
- **Sun Hat**
- **Personal medications**
- **Water bottle.** At least 1-2 liter capacity.
- **Windbreaker or rain jacket**

Camping equipment recommendations

While we are at camp, it is important to be comfortable. Please have a good change of clothes or two. Remember that temperatures will drop at night, even in summer, so please bring at least one set of warm clothes. Other suggestions to bring:

- **Comfortable clothes**
- **Flip flops or dry shoes**
- **Shorts/pants**
- **Underwear – don't forget it!**
- **T-shirt**
- **Sweatshirt or other long sleeve layer**
- **Warm hat**
- **Warm jacket or fleece**
- **Camp Pillow**

Grand Canyon Rafting Trip Packing List

Other camping equipment

- **Water bottle**
- **Headlamp or flashlight.** We strongly recommend a headlamp that you can wear on your head. This will make your camping situation far more comfortable. Little things like eating, getting into a tent, changing clothes...are far easier with two free hands. Also, depending on where we camp, we may do a short hike at night and headlamps work great for that. Red-light lamps are also suggested for dim night settings. **Please make sure to have fully charged batteries or a spare set!**
- **Personal items** – toothbrush, toothpaste, lip balm, lotion, misc. personal care items

Optional

- **Reading material**
- **Binoculars**
- **Camera – Warning! Everything that you bring is subject to being broken, crushed, smashed, sandblasted, wet...etc. You are responsible for your personal items!**
- **Insect Repellent**
- **Any drinks that you may want other than water.** See notes on page 3.

Notes on Packing

- Weather is a good indicator to know what to pack, but be prepared for the weather to change in an instant, especially in the southwest. It can be sunny one minute and be pouring down rain the next, please pay attention to the weather, temperature at night and during the day, chance of precipitation and wind.
- Everything has the potential to get wet, even in protected dry bags, be prepared by bringing some of your own heavy duty Ziploc bags.
- You will be able to leave an extra pair of clothing in the van to be worn on the way home.

Fort Tuthill Luke AFB Recreation Area | Outdoor Adventure Program

Confirmation Report

1. All trips require a deposit of \$500 at time of registration. Cancellations incur a \$75 cancellation fee per person. **The full balance for trips is due at least 21 days prior to the trip departure date. Cancellations within 21 days of trip departure date will not be refunded.** Failure to pay in full by this date may result in the removal from the trip.
2. The sponsor of the trip is responsible for informing their group of necessary information and passing out forms/equipment lists.
3. Valid military ID cardholders may sponsor up to four non-military guests. Participants will be required to present ID cards prior to leaving for the trip.
4. Pre and post trip lodging reservations are not included in the price of the trip. If you need lodging, please call Ft. Tuthill's reservations at 928-774-8893, or DSN 896-3401. A \$25 discount per night per lodging unit for pre and post trip lodging will be applied. Please mention at time of booking to receive discount.
5. All Fort Tuthill Outdoor Adventure trips are non-profit, work sharing, and educational. Due to permit requirements, guests are required to help with the overall work involved in the trip. This may include helping in loading/unloading equipment, preparing food, etc.
6. Pets, weapons, and illegal substances are strictly prohibited.
7. The minimum age of participants is 12.
8. **Alcohol Consumption**
 - **Consumption of alcohol is limited to persons 21 years of age or older, and only at camp when all activities are over for the day.**
 - **Consumption is not permitted in Air Force vehicles.**
 - **Glass containers are discouraged.**
 - **Excessive consumption of alcohol will not be tolerated.**